

Sewing: Dressmaking For Beginners And Im

Join our friendly sewing class designed for beginners or those looking to boost their confidence with dressmaking and sewing machines. In this relaxed environment, you will explore various functions of the sewing machine, complete engaging projects, and improve your essential skills. You'll also learn to read patterns correctly and grasp basic pattern-making rules, ultimately helping you achieve a more professional finish in your sewing endeavours.

There will be the chance to learn how to read a pattern properly and to learn basic pattern making rules and progress with skills learnt during term 2. Come and enjoy creativity in our fabulous sewing studio.

If you are interested in developing your creative skills, book onto one of our courses from the Creative Arts offer.

Start Date: 06 May 2026
Start Time: 14:00
Lessons: 8
Weeks: 8
Hours: 20.00

PLEASE DO NOT BUY TOOLS AND EQUIPMENT UNTIL YOU KNOW THAT THE COURSE WILL RUN.

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

What Will I Learn On This Course?

Learners will:

1. Be able to demonstrate how to change from a standard foot on a sewing machine to a zipper foot
2. Be able to demonstrate how to correctly insert a zip.
3. Be able to demonstrate how to alter a commercial pattern to adjust to personal size.

Whether you would like to learn new creative skills or to investigate the possibility of a new sewing -based career, MAE Community Learning courses can provide you with a stepping stone to progress

Is This Course Suitable For Me?

Suitable for complete beginners or those who have rusty skills and need a refresher course.

Is There Anything Else I Need To Know About This Course?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

A basic sewing kit including dressmaking scissors, un-picker, tape measure, notebook, small scissors or snips, some sewing threads etc.

You WILL need some scraps of fabric to practice techniques on, and it is always a good idea to have an old (CLEAN) sheet or duvet cover to use as practice fabric when we come to make a garment.

Will There Be Additional Costs?

You will need to buy some fabric and a pattern – but please wait until after the first week of the course so that we can discuss what you need

What Could I Go On To Do After This Course?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

What Is The Attendance Policy?

Multiple sessions-

To get the most out of your course you will need to attend as many sessions as possible. We recommend at least 90%. If you do have a holiday booked during term time, please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

Health & Safety

Health and Safety Disclaimer

By participating in the live class, you accept that you understand that sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a sewing activity, and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with art materials. MAE is not responsible for damage to items in your house / home or person.

The creators, owners and distributors of this site and the material available MAE are not responsible for any injuries you may experience because of your use of this site and the material contained here on. By remaining on this site and/or accessing and / or using any material, you are accepting that you have read, understood and agreed to follow these basic instructions.